

A Most Excellent Quest

Where: Starved Rock State Park, Utica IL

When: Friday, August 12, 1:00PM – Sunday, August 14, 3:00PM

(We will attend 10:00 Mass at the Church of Saint Mary in Utica)

Why: We all need quiet time with God!

Are you happy? Do you struggle to understand your purpose in life? Are you trying to figure out how to live your faith in a less-than-perfect world? These questions (and answers) are the purpose of our Most Excellent Quest.

Come with us to beautiful Starved Rock State Park in Utica, just 2 hours southwest of Wheaton. We will sleep in tents, star gaze, and chat around the bonfires as we eat delicious food. Hiking and kayaking and plenty of games are included in the weekend. We will send you home tired but with plenty of great memories and deep thoughts.

This retreat is planned and led by adults and older teens and is intended for incoming freshmen—juniors, although anyone interested in time away with God is welcome to join the group.

Registration deadline: July 27

Cost: \$30



**Questions? Contact Leslie at 630-462-5047
or stmccyu@yahoo.com**

What to bring: Always pack for one season **COLDER** than now!

- ___ **BACKPACK OR DUFFLE BAG** Line it with a Lawn Bag first, to keep contents dry!
- ___ **TENT** with all it's parts (not necessary to come but let us know if you have one to bring)
- ___ **5'X7' TARP** (or other Plastic Ground Sheet to keep sleeping bag dry).
- ___ **SLEEPING BAG**
- ___ **CLOSED-CELL FOAM CAMP SLEEPING PAD** optional
- ___ **RAIN PONCHO, SWIM SUIT, SWEATSHIRT**
- ___ **EXTRA PAIR PANTS, SHORTS**
- ___ **LONG SLEEVE SHIRT**
- ___ **2 SHORT SLEEVE SHIRTS**
- ___ **UNDERWEAR, SOCKS**
- ___ **HIKING BOOTS, EXTRA SHOES** (one pair **WILL** get wet)
- ___ **HAT** (with brim for sun)
- ___ **CLEAN-UP KIT** (Small Hand Soap, Toothpaste, Toothbrush, Comb, Floss, Towel).
- ___ **MESS-KIT (BOWL, CUP, FORK, SPOON, PLATE)** in a mesh string bag so it can hang up to dry
- ___ **WATER BOTTLE** Refillable
- ___ **FLASHLIGHT & EXTRA BATTERIES**
- ___ **BIBLE, ROSARY OR OTHER PRAYER SHARE ITEM**
- ___ **PEN & POCKET NOTEPAD**
- ___ **BUG REPELLENT, SUNSCREEN** (non-aerosol)
- ___ **SMILE, GOOD ATTITUDE, OPEN MIND!**

Keep This Info!



EMERGENCY CONTACT INFORMATION:

Leslie's cell 630-664-3378, Dale's cell 309-530-1773

Starved Rock Visitor's Center: 815-667-4906, Starved Rock Lodge: 800-868-7625